

# Hydra Pearl<sup>+</sup>

6% hydrogen peroxide whitening gel

## Take-Home Whitening System

### Instructions for Use

#### Description:

PlasmaDent's Hydra Pearl™ is a professional take-home tooth whitening system, dispensed in a unit dose syringe. It is formulated to remove discolorations due to food, stain-causing beverages, and tobacco products. This clear, flavored gel is available in 6% and 14% hydrogen peroxide (pH ~5).

#### Procedures for Use:

**Step 1:** Before whitening, it is important to brush and floss your teeth gently and rinse your mouth with warm water.

**Step 2:** Snap off tip of syringe needle. The removed tip should be flipped upside down, and used as syringe tip cover.

**Step 3:** Place a small amount of PlasmaDent's Hydra Pearl™ gel in the tray provided by your dentist for each tooth that needs to be whitened. Do NOT overfill. Each syringe has enough gel for three treatment doses. Use up to one dose or less (if preferred) to fill both top and bottom trays.

**Step 4:** Place the gel-filled tray over the teeth. Gently suck on your teeth to create a suction to put tray in place.

**Step 5:** If the gel oozes out of the tray during placement, wipe or spit out excess gel to remove. Make sure to remove all gel from your gums and gum line during treatment.

**Step 6:** Wear the trays for 15 minutes. Do NOT drink any liquids, eat food, or wear the whitening trays overnight.

**Step 7:** At the end of the treatment time, remove the trays. Rinse your mouth with water, and if needed, brush your teeth. Rinse the trays with cold water. Place the trays in the protective case and store in a cool, dry place.

**Note:** The treated teeth should see a difference after 3-5 days of treatment. If not, continue to whiten your teeth until desired shade is reached. You will have a white smile after 10 days of treatment.

#### Gum Irritation:

Prolonged gel contact with gums or soft tissue may cause gum irritation. The pink tissue may turn white during gel treatment which will fade in a few hours following the treatment. No cause for concern.

To eliminate potential irritation:

- After placing trays over teeth, make sure excess gel has been removed.
- You may use less gel in the following treatments to avoid gum irritation.

#### Tooth Sensitivity:

Whitening treatments can cause tooth sensitivity among some patients.

To minimize sensitivity:

- Your dentist may recommend toothpaste for sensitive teeth to be used before or during the treatment period.
- Try whitening every other or third day if sensitivity continues.
- Avoid hot or cold beverages 30 minutes after treatment.
- Foods and drinks with citric acid can cause sensitivity.

Sensitivity usually disappears within 1-3 days after treatment has stopped. If you experience more than mild tooth sensitivity, discontinue treatment and consult your dentist.

#### Precautions:

- DO NOT use if pregnant or nursing
- Keep out of reach of children
- Adult supervision is recommended for patients ages 12-16
- DO NOT swallow gel (contains: hydrogen peroxide and sodium fluoride)

#### Notes:

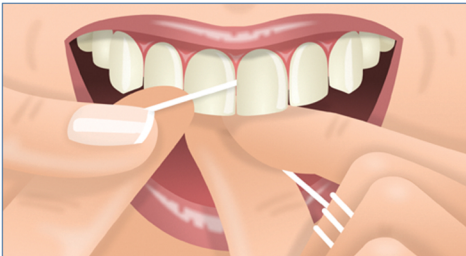
- Drinking dark, staining substances within the treatment period such as coffee, tea, red wine, and cola can stain your teeth and will make the whitening process take longer.
- Some amalgam/silver fillings can stain your whitening tray. No cause for concern.
- Crowns, bridges, partial dentures, veneers, and composite fillings will not whiten.
- Store whitening gel out of sun and heat. Refrigeration is recommended. DO NOT freeze.

#### Supplier's details:

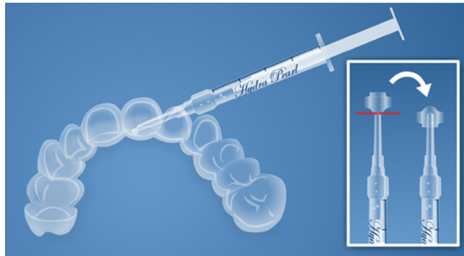
Manufacturer: PlasmaDent Inc.

Address: 3806 Mojave Ct, Columbia, MO 65203, USA

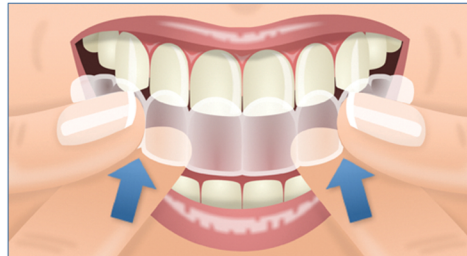
Telephone: 1-573-875-6682



**1** Brush and floss your teeth, then rinse your mouth with water.



**2** Apply PlasmaDent's Hydra Pearl™ gel into the tray for each tooth. Do NOT overfill.



**3** Place the gel-filled tray over your teeth.



**4** Remove excess gel from gum and gum line.



**5** Wear the tray for 15 minutes.



**6** Remove tray and rinse your mouth with water. If necessary, brush your teeth.